

# Why Choose LifeWorks?

Customized care. Measured progress.  
**Complete recovery.**



**LifeWorks** Rehab®



# The LifeWorks Rehab Difference BY THE NUMBERS

Why choose LifeWorks Rehab for your rehabilitation? There are as many reasons as there are patients that we've helped get back on their feet. LifeWorks Rehab is a clinically-developed program rooted in compassionate, outcome-driven care that provides 7-day-a-week therapy, access to top-notch technology and equipment, and customized recovery plans to get patients home faster, stronger, and healthier. Below you will find some of facts and figures about the many areas in which the LifeWorks Rehab system stands out among other rehabilitation programs.



## 1 Comprehensive Services.

LifeWorks Rehab offers a range of treatment and services that few other facilities can match. Our treatments are carefully planned and supervised by medical professionals in a rehabilitation environment that offers the most modern technology available.

### ▼ What it means for you:

- Shortened length of stay
- Prevents unnecessary readmission
- Physical, Occupational, and Speech Therapy
- Medically planned & supervised programs



### ▼ Patient Perspectives:

*"As a professional Rehab Case Manager and President of the Rehab Nursing Association of Virginia, I spend a great deal of my time helping people make the right rehabilitation choices. My work gives me an in-depth knowledge of all the local rehabilitation centers in our region, and I didn't hesitate to choose LifeWorks Rehab for my own recovery."* - Patricia Eby

LifeWorks Rehab centers treat ALL of the top ten Medicare diagnoses for Medicare treatments

Top Ten Medicare Severity Diagnosis-Related Groups for Nursing Facility Patients, 2009

- 1 Major joint replacement or reattachment of lower extremity without major complication
- 2 Septicemia or severe sepsis without mechanical ventilation for 96-plus hours with major complications
- 3 Kidney and urinary tract infections without major complications
- 4 Heart failure and shock with major complications
- 5 Hip and femur procedures except major joint with complications
- 6 Simple pneumonia and pleurisy with complications
- 7 Heart failure and shock with complications
- 8 Kidney and urinary tract infections with major complications
- 9 Nutritional and miscellaneous metabolic disorders without major complications
- 10 Simple pneumonia and pleurisy with major complications

## 2 More Therapy to Get You Home Quicker.

It's a scientific fact: the more therapy you can get, the quicker you'll be able to return home. LifeWorks Rehab therapy is there when you need it, seven days a week. Your rehabilitation starts right away and continues until you're ready to go home—you'll even be working weekends.

### ▼ What it means for you:

- Intensive rehab & recovery
- More therapy to get you home quickly
- Most patients receive two or more hours of therapy daily, up to seven days a week

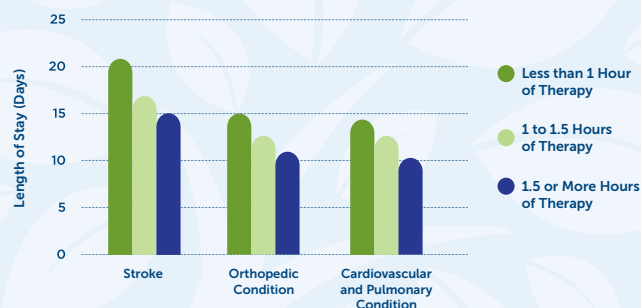


### ▼ Patient Perspectives:

*"In a word, the rehabilitation services I received were absolutely dynamic. The LifeWorks Rehab therapy was highly efficient, and there wasn't any wasted time—my care began right when I walked through the door."* - Andi Brown

### Increased Minutes of Therapy per Day Leads to Decreased Length of Stay in Nursing Facilities

Length of Stay by Number of Hours of Therapy Received per Day, 2002



## 3 A Caring Touch.

Rehabilitation is all about people helping others. Our nurses, therapists, and staff are LifeWorks Rehab's greatest asset. They'll be there for you every step of the way, skillfully guiding the course of your recovery and keeping you motivated and on track. By taking the time to get to know you personally, they'll help you get the most from your therapy.

### ▼ What it means for you:

- Our staff are specially trained LifeWorks Rehab employees, not contractors
- Nurses, therapists, and staff are dedicated to ensuring total quality of patient experience
- 40 years of experience in the healthcare industry
- 9 out of 10 patient satisfaction with LifeWorks Rehab (above national average)<sup>1</sup>

<sup>1</sup>LifeWorks Rehab vs National Survey Results  
June 2011, Prepared by My InnerView



### ▼ Patient Perspectives:

*"The LifeWorks Rehab therapists were firm but easygoing and they never overstressed me. I couldn't have asked for better people. There wasn't a thing they didn't try to do to make my stay more comfortable and enjoyable."*

- John Funk

## 4 Healing You Can Feel. Progress You Can See.

With the exclusive clinically based Personal Report Card and The Recovery Map®, you'll be able to chart your progress throughout your rehabilitation stay. Our visual approach helps you stay motivated and understand the course of your recovery.

### ▼ What it means for you:

- Your own customized Personal Report Card to help chart your progress
- Programs rooted in The Recovery Map® by LifeWorks Rehab

No other facility offers the The Recovery Map® and Personal Report Card like LifeWorks Rehab—it's your key to understanding and charting your progress.



## 5 Built for YOU.

LifeWorks Rehab understands that rehabilitation isn't a one-size-fits-all endeavor. We create individualized courses of treatment tailored to your specific medical needs. Every journey to recovery is different, and we make sure that your path is uniquely suited to you.

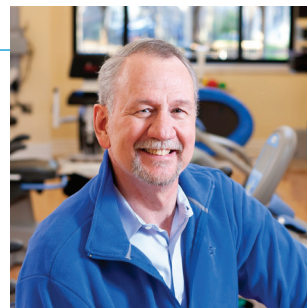
### ▼ What it means for you:

- Treatment designed specifically for your needs

### ▼ Patient Perspectives:

*"What I really wanted most was to get back to work. I missed my job and doing the work I loved. LifeWorks Rehab helped me get back to my career in less than two months after returning home. No question about it... I couldn't have done it without LifeWorks Rehab."*

- Hugh Grant



## 6 The Best Tools.

Doing the best work requires the best tools for the job. LifeWorks Rehab offers comprehensive physical therapy gyms to help you regain strength and occupational therapy centers to help relearn everyday activities.

### ▼ What it means for you:

- A clean, modern, and efficient environment with the latest and most innovative equipment
- Our investment in advanced gyms and equipment leads to quicker and more complete recovery



## 7 Education for Life.

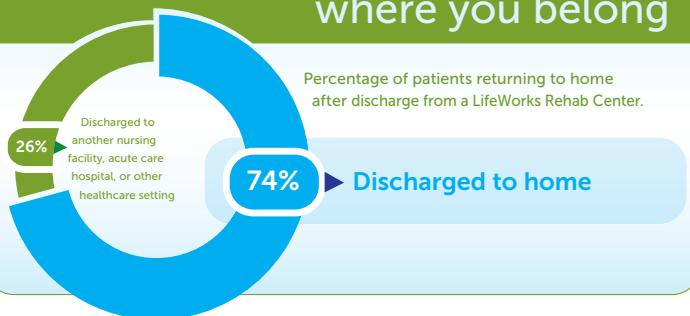
Though the LifeWorks Rehab program begins at our center, you'll leave with all of the skills and knowledge you'll need to continue your journey of recovery at home. You'll also return home well-equipped to get back to the normal activities of everyday life.

### ▼ What it means for you:

- Greater degree of independence
- Less likely chance of injury when you get home

### Getting you back home, where you belong

Percentage of patients returning to home after discharge from a LifeWorks Rehab Center.



## 8 Closer to Home. Closer to You.

We've been an active part of the community for more than 40 years. No other rehabilitation centers have greater regional coverage and a greater commitment to health and well-being throughout Virginia and North Carolina than LifeWorks Rehab Centers.

### ▼ What it means for you:

- Greater convenience, less time traveling
- You'll never feel far from home



## The LifeWorks Rehab Difference

Clinically developed to get you home faster, stronger, and healthier than ever



7-days-a-week therapy



Clinically proven therapy programs



Back home fast, strong & healthy



Unique recovery tools



World-class disinfecting

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Learn more about LifeWorks Rehab at

**[LifeWorksRehab.com](https://LifeWorksRehab.com)**

